

Sunnyview Rehabilitation Hospital's Therapeutic Recreation Department

Sunnyview's mission is to improve the lives of people with disabilities and the lives of their families. The Therapeutic Recreation Department offers a series of clinics and classes for people with disabilities, providing opportunities to explore and participate in sports and leisure activities, learn new skills and gain self-confidence.



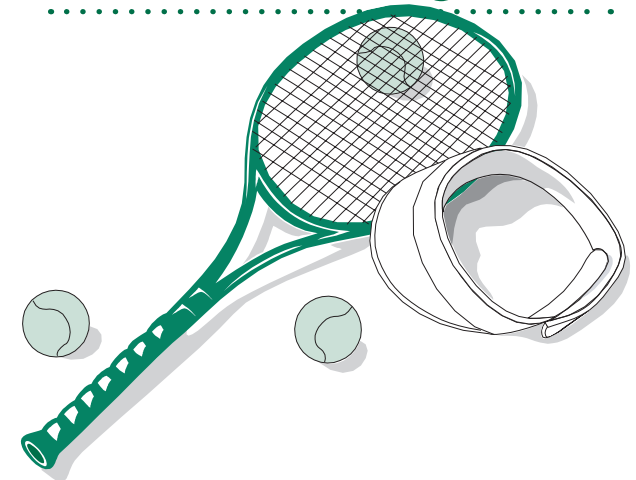
Sunnyview
Rehabilitation Hospital
Northeast Health

Therapeutic Recreation Department
1270 Belmont Avenue
Schenectady, NY 12308

Sunnyview Rehabilitation Hospital and
the United States Tennis Association

present

A Day of Adaptive Tennis for Beginners



Friday, July 16, 2010

10 am - Noon

Courtside Lane, Central Park
Schenectady



**Sunnyview
Rehabilitation Hospital**
Northeast Health

www.NortheastHealth.com

REGISTRATION FORM

Try Tennis with Sunnyview!

This summer, why not try tennis? Join us at the wheelchair-accessible courts at **Schenectady's** scenic **Central Park** for two hours of tennis.

10 am - Noon

Friday, July 16

Taught by instructors from local wheelchair tennis groups and Sunnyview Rehabilitation Hospital's Recreation Therapists, this program offers demonstrations of wheelchair tennis movements, including how to hit a forehand, backhand and serve from a seated position. Also covered will be playing with limited standing/walking capacity or use of one hand.

For additional information about this or any other activities available through Sunnyview's Therapeutic Recreation Department, call (518) 382-4576. Or e-mail us at todtc@nehealth.com.

Directions to Courts at Central Park

From Route 87 (Northway)

Take Exit 6 to Route 2 West and follow for approximately 7 miles. Route 2 turns into Route 7. Follow signs to Union Street. Continue on Union Street and take a left onto Wright Avenue. Turn left into the main gate at Central Park. Bear left, continue past parking and pavilion on your left. Continue until you can make your first right onto Courtside Lane. Parking is available in front of the courts.

From Route 890

Take exit 7 to Route 7 east. Take a left onto Golf Road, then a right onto Fehr Avenue. Turn sharply left onto Greenwood Drive, which is an entrance to Central Park. Take a right onto Courtside Lane. Parking is available in front of the courts.

Name: _____

Address: _____

Telephone: _____

Do you own a tennis racket? Yes No

Wheelchair user? Yes No

Please list your disabilities: _____

REGISTRATION FEE

Friday, July 16 \$5 _____

(Registration deadline is July 9)

Total \$ _____

*Please register a group of four or more, 382-4576 or todtc@nehealth.com

Please make checks payable to:

Sunnyview Rehabilitation Hospital

I would like information about other Sunnyview adaptive recreation clinics.

Yes No

Please return form with payment to:

Therapeutic Recreation Department
Sunnyview Rehabilitation Hospital
1270 Belmont Avenue
Schenectady, NY 12308

Sunnyview Rehabilitation Hospital also offers:

First Swing Golf Clinic • Adaptive Fishing Clinic
Studio Arts Project • Post-Stroke Support Group
Post-Stroke Wilderness Retreat

Don't Forget to Bring...

✓ Hat

✓ Sunscreen

✓ Tennis racket (if available)

✓ Lawn chair (if desired)